



THE SUMMIT  
OF CORALVILLE  
A GRACE MGMT COMMUNITY

The Summit of Coralville  
3 Russell Slade Boulevard  
Coralville, IA 52241  
319.930.3000

# The Graceful Connection

APRIL 2026



## JAY ALLEN CONCERT AT THE SUMMIT OF CORALVILLE

**Thursday, April 9th at 6:30pm!** Join us for an unforgettable evening with Jay Allen, Country-Rock Artist, Alzheimer's Advocate and Storyteller. Appetizers and desserts will be served in Bistro with a Coffee Truck outside for drink purchases (cash or card only). A special thank you to our event partners: Creative Care Coordinators, Iowa City Hospice, and the Visiting Nurse Association. **Guests are welcome, but non-residents (including family) must RSVP to [GraceManagement.com/JayAllenTour](https://www.gracemanagement.com/JayAllenTour).**

*Take note- there will be NO DINNER SERVICE IN DINING ROOM ON APRIL 9TH. Please pick up your to-go box dinner at 3pm in the Bistro.*



Q: Why do monkeys love Spring?

A: Because Ape-ril is their favorite time of year!



## SPRING BRUNCH BUFFET

**Thursday, April 2nd, 11:30am - 2:00pm.** Be sure to join us for this lovely meal with friends! The Culinary team takes pride in serving a fabulous buffet to show their love for our residents and families. Max of 2 guests / resident. Guest meal charges will be added on to your monthly statement.

The day's meals will be as follows:

- Continental Breakfast 7-10am -Bistro
- Brunch Buffet 11:30am-2pm -Cafe/FT
- Light Dinner 4:30-6pm (closing early)



## ANTIQUÉ CAR MUSEUM OUTING

**Thursday, April 23rd, 10am.** Sign up in the mailroom.

The Antique Car Museum of Iowa City has over 100 cars from the Horse-Drawn Carriage to the Model T and the 60's! Join us to see this local treasure of automobile history.

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Like us on Facebook: thesummitofcoralville

View the Resident Directory at:

summitdirectory.my.canva.site/-

Contact Life Enrichment for the password

### APRIL IS STRESS AWARENESS MONTH



Enjoy our Relaxation Retreat on Wednesday, April 22nd from 2:45-4pm in the Forum Theater.

Decrease stress through relaxation exercises, massage and aromatherapy!

### EARTH DAY FLOWER PLANTING



Spring has sprung and we are planning our flower gardens to brighten up the grounds. Residents and families are welcome to join us

as we plant the raised garden beds, planters and various other flowers. Planting will be from 1-2pm on Wednesday, April 22nd. Meet in the Grand Lounge. We will relax afterward with a refreshing smoothie and snack.

### APRIL IS PARKINSON'S AWARENESS MONTH

#### Symptoms of Parkinson's:

- Tremors
- Trouble Moving or Walking
- Loss of Smell
- Trouble Sleeping
- Small Handwriting
- Soft or Low Voice
- Constipation
- Masked Face
- Hunched Posture
- Dizziness or Fainting



Watch for more information throughout April on Parkinson's and how to support our friends and family fighting it.

Have questions regarding Parkinson's?

Contact the help line at 1-800-4PD-INFO or e-mail Helpline@Parkinson.org

### LUNCH & LEARN- THE FUTURE OF MEDICINE: ARTIFICIAL INTELLIGENCE IN HEALTHCARE

Friday, April 24th at 11am. Join us for an engaging presentation by Dr. Larew of Larew Internal Medicine in Iowa City, as he shares insights on the growing role of artificial intelligence in modern medicine. From diagnostics to patient care, learn how AI is shaping the future of healthcare and what it means for patients. Sign up in the mailroom by April 17th.



### STAFF CONTACT INFORMATION

- |  |              |  |       |
|--|--------------|--|-------|
| • Executive Director, Dara Fishnick            | X4004        | • Life Enrichment Director, Shawna Klein   | X4007 |
| • Front Desk, Jami Tandy                       | X4001        | • Fitness Director, Amberly Bult           | X4008 |
| • Business Office Manager, Jenny Vang          | X4002        | • Sales Counselor, _____                   | X4006 |
| • Director of Wellness,                        | X4013        | • Transitions Coordinator, Meriyah Jenkins | X4005 |
| • Asst. Dir. of Wellness, Christina Rorex, LPN | X4013        | • Executive Chef, Austina Smith            | X4003 |
| • Floating Nurse, LPN                          |              | • Dining Room Manager, Allen Norton        | X4018 |
| • Village Pgm. Clinical Mgr., Jeni Fetter, LPN | X4020        | • Housekeeping Director, Angelique Morales |       |
| • FOX Therapy (PT/OT/ST), Breanna Bender       | X4034        | ▪ See front desk for work requests         |       |
| • Salon, Kelsey (Fridays):                     | 563-608-1812 | • Maintenance Director, Chuck Cherry,      |       |
| • Salon, Elizabeth (Tue & Thur):               | 319-800-3986 | ▪ See front desk for work requests         |       |
| • Salon, Vanessa (Mon & Wed):                  | 319-325-4217 |  |       |

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## A WORD FROM OUR EXECUTIVE DIRECTOR, DARA FISHNICK



Hello April! Spring is here and you will see new growth happening inside and outside the community walls. The patio furniture is out again and that's reason enough to sit outside, relax and enjoy some fresh air. You will notice changes in the landscaping as the flowers and bushes bloom and the fresh mulch is applied. You will also notice different staff faces throughout the community and in each department. We have hired many Care Staff, some Culinary Team members, a Maintenance Assistant, a new Front Desk Receptionist and two new Drivers. We are excited to watch them all thrive in our building! Sadly, this will be my last note to you, as I go on to a different opportunity in a community in need of my skills. It has been wonderful to work with each of you and I know I am leaving you in good hands.

## APRIL EVENTS

All month: Parkinson's month fundraiser: Buy a red tulip to put on our wall for \$5.

4/1 Happy Seder!  
4/1 National Walking Day  
4/1 Craig Dove, Pianist  
4/2 Spring Brunch Buffet  
4/2 Dara's Going Away Party 3pm  
4/2 GenTech Technology Help  
4/3 Good Friday Church Service  
4/3 Easter Egg Hunt for Residents  
4/3 Iowa Brass Ensemble Happy Hour  
4/4 Orange Julius Station  
4/5 Happy Easter!  
4/6 Meet & Greet  
4/7 Nutrition as You Age Luncheon  
4/7 Bell Choir Concert  
4/9 Jay Allen Concert  
4/10 Off-site Park Walk & Ice Cream  
4/13 National Scrabble Day  
4/13 Red Cedar Chamber Music  
4/14 Dementia Support Group  
4/15 Resident Art Show  
4/15 Voting Assistance in Bistro  
4/16 Culinary Chat  
4/16 GenTech Technology Help  
4/17 Miracles in Motion Horses  
4/18 Men's Group Activity: Poker  
4/19 The MIC Teen Musicians  
4/20 April Birthday Party  
4/21 Parkinson's Support Group  
4/22 Earth Day Flower Planting  
4/22 Relaxation Retreat  
4/23 Antique Car Museum Outing  
4/23 Dick Watson Duo  
4/24 Dr. Larew: AI in Medicine Lunch  
4/24 Duke Zecco Music  
4/26 Live Church Service  
4/29 Resident Ambassador Lunch  
4/29 Disco Party for Day of Dance  
4/30 Barbershop Chorus  
5/1 Kentucky Derby Happy Hour  
5/2 Pancake Breakfast for ALZ 7-10am  
5/2 Spring Craft Fair 10am-2pm

## MEN'S GROUP- STAY ACTIVE, STAY CONNECTED



Join our new Men's Group for great conversation, engaging activities and meaningful connections. Enjoy guest speakers, group outings, and hands-on projects. Share stories, learn something new and build

friendships with other men in the community.

**The first Men's Group activity will be playing Poker on National Poker Day on Saturday, April 18<sup>th</sup> from 2-4pm in the University Commons.** Our goal is for at least two Men's Group activities each month, and you can attend whatever interests you. We can add frequency if we find something that works. Please give ideas for outings, speakers and projects to Shawna Klein.



**VOTING ASSISTANCE PROVIDED BY THE LEAGUE OF WOMEN VOTERS**



Need assistance with registering to vote or requesting an absentee ballot? The League of Women Voters is providing volunteers in our community on **Wednesday, April 15<sup>th</sup> from 1-4pm in the Bistro** to provide assistance. New this year, if you moved to a different location in Iowa, your voting center is not automatically updated and you must re-register to vote in your area.



**VOLUNTEER RECOGNITION**

Thank you to all volunteers! You provide help when we need it most and create our donation projects! If you volunteer in any capacity throughout our building, please attend the

**Volunteer Recognition Ceremony at 2pm on Thursday, April 23<sup>rd</sup> at the Resident Meeting!**



**APRIL- MEANINGFUL MOMENTS OF CELEBRATION**

April is full of meaningful moments to celebrate together. All month long, we recognize National Volunteer Month, highlighting the impact of giving back and the many ways our residents and team members support one another and the greater community. On April 22, we celebrate Earth Day, a time to appreciate nature and explore simple ways to care for the world around us. We will also celebrate Easter, bringing opportunities for connection, tradition, and springtime joy, so be sure to check out the calendar in Lifeloop for all the ways we are celebrating together! This month, we are also featuring walking as our Fitness Focus, encouraging residents to enjoy movement through indoor and outdoor walks that support heart health, mobility, and overall wellness. From group strolls to scenic walks, there are plenty of ways to stay active and engaged. We look forward to celebrating these special moments with activities that foster purpose, connection, and a vibrant community spirit all month long!



*Birthdays*

- |                                |                                     |                           |
|--------------------------------|-------------------------------------|---------------------------|
| 4/3 Dee Johnson                | 4/14 Nan Kuehn                      | 4/23 Yourine L. (Server)  |
| 4/4 Astacia S. (Med. Tech.)    | 4/16 Emerson L. (Care Aide)         | 4/23 Chad G. (Dishwasher) |
| 4/11 Barb Rydstrom             | 4/16 Courtney R. (Cook)             | 4/24 Amari J. (Care Aide) |
| 4/11 Dennis Patterson          | 4/18 Elizabeth Coulter              | 4/26 Janet Nash           |
| 4/11 Mike Krezek               | 4/21 Nancy Blair                    | 4/26 Lydia S. (CNA)       |
| 4/11 Amberly B. (Fitness Dir.) | 4/22 Angelique M. (Housekeep. Dir.) | 4/27 Aaron D (Dishwasher) |
| 4/12 Sifa J. (Care Aide)       | 4/23 Diane Bouchey                  | 4/26 Joan Hay             |
| 4/13 Raven W. (Med. Tech.)     | 4/23 Peter Jochimsen                |                           |